Public Health Statement for Medical Absence

The following daycare attendee, student or employee should remain in home isolation until MCDPH isolation guidance criteria have been met. The ill individual should <u>not</u> be required to show a negative COVID-19 test or healthcare provider's note to return to work/school/daycare.

Name of Daycare Attendee/Student/Employee

Date of Symptom Onset

Maricopa County Department of Public Health recommends that all employees/students/daycare attendees who have symptoms consistent with COVID-19* stay home and not return to work/school/daycare until they have met the MCDPH Home Isolation Guidance criteria (see flow chart on back or visit https://www.maricopa.gov/HomeIsolationGuide).

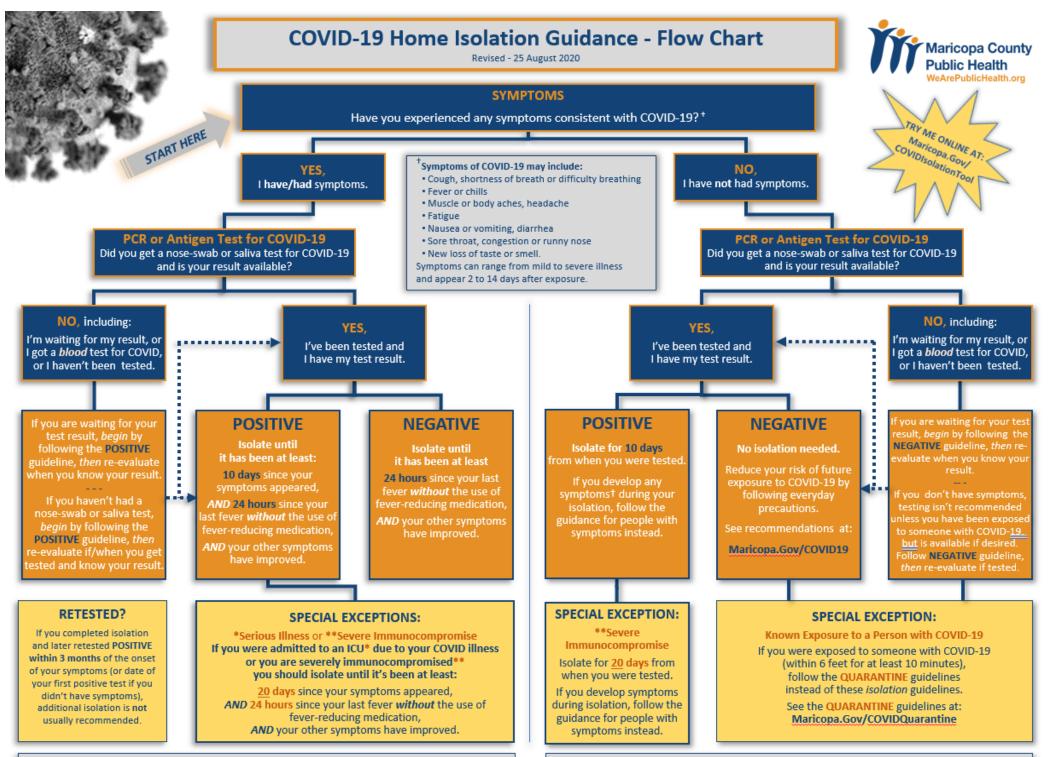
This recommendation applies **regardless of whether the individual has been tested for COVID-19 or not** and is advised to reduce overall risk of transmission of COVID-like illness before returning to work. Employees should notify their supervisor and stay home if they are sick.

It is **not recommended** that a sick individual be required to show a healthcare provider's note or test result to confirm their illness to stay home, or to document their recovery before returning to work/school/daycare.

*Symptoms consistent with COVID-19 include:

- Fever
- Chills
- Cough
- Fatigue
- Difficulty breathing or shortness of breath
- Sore throat
- Muscle/body aches
- Headache
- New loss of taste/smell fever
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Check the CDC website for the <u>latest list of symptoms</u> associated with COVID-19. **Symptoms** caused by chronic medical conditions like allergies or controlled asthma do not require exclusion from work/school/daycare.



 Serious illness – e.g. hospitalized in an Intensive Care Unit (ICU). For more details, see: www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-hospitalized-patients.html **Severe immunocompromise may include being on chemotherapy for cancer, untreated HIV infection with CD4 T lymphocyte count < 200, combined primary immunodeficiency disorder, use of prednisone >20mg/day for more than 14 days, or hematopoietic stem cell or solid organ transplant in past year.